

Savory Roasted Acorn Squash

Yield: 6-8 side-dish servings Time: 40 minutes total

2 acorn squash

2 tbsp. extra virgin olive oil (EVOO)

2 tbsp. pure maple syrup

2 tbsp. chopped fresh thyme

2 tbsp. chopped fresh rosemary

salt and pepper 3 oz. goat cheese



- 1. Preheat the oven to 400°F. Lightly grease a baking sheet and set aside.
- 2. Cut each acorn squash in half, from stem to base. Scoop out the seeds and discard. Place each half face down so that it doesn't rock. Cut each half into 6-8 slices.
- 3. Place the squash slices on the prepared baking sheet. Drizzle with the EVOO and maple syrup. Sprinkle with thyme, rosemary, salt and pepper. Roast at 400°F for 24-28 minutes, until fork-tender and slightly golden.
- 4. Remove from the oven and allow to cool for about 5 minutes. Sprinkle with goat cheese.

