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a nut-free cooking blog

Roasted Summer Fruit À La Mode

Yield: 2 servings

Time: 25 minutes total

1 cup blackberries
3 peaches, diced into bite-sized pieces
1 cup rhubarb, diced into bite-sized pieces
½ cup brown sugar
1 tsp. cinnamon
(2 tbsp. honey whiskey--optional)
2 to 4 scoops of your favorite ice cream*



1. Toss together all of the fruit, brown sugar, cinnamon, and whiskey (if using). Transfer to a lightly greased baking dish.
2. Bake at 375°F for 20 minutes.
3. Spoon half of the mixture into a serving bowl. Top with one or two scoops of your favorite ice cream.

* I highly recommend Edy's Slow Churned Vanilla Bean Ice Cream! A fruit flavored sorbet would also be delicious.