

Best Ever Chicken Marsala

Yield: 4 servings

4 boneless, skinless chicken breasts

2 cups flour

4 tbsp. extra virgin olive oil (EVOO)

16 oz. (about 4 cups) mushrooms, sliced

3 garlic cloves, minced

2 cups sweet Marsala wine

3 tbsp. lemon juice

3 tbsp. butter, cut into pieces

½ cup fresh parsley, coarsely chopped

salt and pepper

1 lemon, sliced



- 1. After trimming away any fat, cut each chicken breast in half. Pound with a meat mallet until thin. Sprinkle with salt and pepper. Dredge in flour.
- 2. Heat EVOO in a nonstick skillet over medium heat until warm. Add the dredged chicken and cook until golden brown, about 5 minutes per side. Once fully cooked, set the chicken aside.
- 3. Place the lemon slices in the skillet and cook on medium-high heat until seared. Set aside.
- 4. Place the mushrooms in the skillet. Cook over medium heat until all of the liquid released by the mushrooms evaporates and they are brown (about 8 minutes). Add the garlic. Off the heat, pour in the Marsala wine. Return the skillet to the flame and raise the heat to high. Simmer for 5 minutes. Reduce the heat to medium-low and stir in the lemon juice and butter. Return the chicken to the pan and allow to simmer for 5-10 minutes, until chicken is heated through and soaks up the delicious sauce. Stir in ¼ cup of the chopped parsley.
- 5. To serve, garnish with lemon slices and sprinkled parsley. YUM!